



ALLORAH'S INSIGHTS

May 23, 2009

This past week has been intense and I have learned so much about how I can improve my world and my experience. Lovely changes are happening for all of us. The change is happening for us because we are adjusting to new information and having greater understanding. I am fortunate in that I have a wonderful circle of friends with whom I am growing, we help each other. I have worked diligently to make the changes within myself to be able to allow myself such a supportive environment. I continue to make the efforts necessary for growth and change. If you are reading this then so do you. Take a moment to acknowledge yourself for that. There have been times when I have made my changes while having intense resistance within myself; most of us are in resistance for some part of our growth process. Acknowledge that you have done and continue to do the work. Resistance is not a problem, in fact it can be our resistance that motivates us to change. Our resistance also informs us as to what to change.

It is Saturday afternoon as I begin this particular article. That's a bit unusual because generally I know what my topic is by mid-week as it is my intention to have the article to the web master by Friday night in order that it be available for posting by Sunday. Ironically, it was only this morning that I had clarity as to my topic for this piece. That topic centers around the power of making adjustments along our path.

We are sentient beings with free will. We are also deeply connected to the world of Spirit. When we live as intended, Spirit is at our command and we are in the loving influence of Spirit. That is a beautiful partnership.

Spirit has the Higher perspective and total access to the karmic records and the blueprint of our divinely constructed purpose for this and each of our lifetimes. I (personality), as the individual person have the common perspective (what is expected in this time and place) as well as the perspective of experience.

Our Spirit instructs us in the much same way that GPS functions, our personality self advises Spirit what is desired in the moment. It IS helpful to know that Spirit needs this information from personality in order to better comprehend what is required of, and for incarnate life. The analogy might look like this: I program my GPS to direct me to Disneyland. GPS gives me step by step instructions which I dutifully follow until I reach a traffic jam on the 5. Being claustrophobic, I pull off the freeway and turn left to continue moving in the direction of Disneyland via the streets. GPS re-calculates and provides me new step by step instructions. Each time I veer "off course," GPS re-calculates and provides new accurate instruction.

The lovely thing is that both personality and Spirit are authorities working in concert for a common (though often subconscious) goal. Both personality and Spirit are learning from one another. Spirit never underestimates or overestimates personality because Spirit is us at our core. Even so, Spirit does need instruction as to our experience because (more often than not), we only permit it to be the navigator rather the driver.

Just as a child takes it for granted that adults know and can do everything, Personality forgets that Spirit needs instruction because personality refuses to conceive of a Source that is not "all knowing and all powerful." This can be a source of heightened challenge when we are working with other realms. As an

example and generally speaking, those in the angelic realm have not had incarnate experience and as a result may require clear detailed instruction as to what we can actually process and what we are actually experiencing. They learn through us and from us. This is true of beings in many of the other realms of existence.

Life in the cosmos is a symbiotic experience. We are individual drops that make up the body of the ocean of consciousness. Each individual expression: animal, divine, angelic, guide, plant, mineral, planet, etc. has experience that serves to enrich and enlighten both the ocean and the drops. Everything benefits from the experience of every thing.

Keep expanding. Stay open, adjust, keep learning, adapt, keep teaching, keep growing. That is how we serve and that is how we are served.

Namaste,
Allorah